

Terms of Participation River Mosel Bike Ride Challenge 2010

I, the undersigned recognize that cycling on the route of the River Mosel is a challenge, and I agree to take all necessary precautions, comply with instructions given by Maternity Worldwide staff and volunteers, and wear all appropriate safety equipment, including bike helmet, throughout the cycle ride. I am responsible for my own safety, and will not cycle in any areas or circumstances that will put myself, or others, in danger. If I ignore this condition "I and only I" am deemed fully responsible.

I confirm the following:

- I am a competent cyclist, able to cycle 40-60 miles a day for an eight day period.
- I understand that Maternity Worldwide takes no responsibility for personal injury.
- I understand that my cycle, equipment and personal property are my responsibility.
- I agree to discontinue cycling on any particular day or for the whole event if it is judged by the Maternity Worldwide team or representatives that continuing would potentially endanger my own safety or that of other riders or staff.
- I have adequate health insurance which will include sufficient funding for all necessary treatment, transfer, accommodation and repatriation.
- I have followed the advice of Maternity Worldwide and where applicable medical or nursing staff in the UK with regard to preparation for the ride including vaccination
- I do not have a medical condition which could adversely affect my performance on the ride or invalidate my health insurance
- I have read the event guide and understand the itinerary and accommodation arrangements.
- I agree to comply with the fundraising conditions detailed in the Event Guide.
- I have read and understood the event guide and agree to comply with all conditions of the Bike Ride.

Full Name _____

Signature _____

Date _____

Witness Full Name _____

Witness Signature _____